

CYCLE CLUB

VÉLO INDOOR • PILATES • RUNNING

PLANNING

. 26

CYCLE

VÉLO INDOOR • PILATES • RUNNING

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

9:15

PILATES
VITAL

12:30

PILATES
POWER

12:30

PILATES
CORE

17:30

PILATES
DEEP

18:30

PILATES
POWER

18:30

PILATES
CORE

18:30

PILATES
VITAL

19:30

PILATES
CORE

19:30

PILATES
VITAL

19:30

PILATES
DEEP

PILATES

CYCLE

VÉLO INDOOR • PILATES • RUNNING

LUNDI

MERCREDI

JEUDI

VENDREDI

SAMEDI

09:30

**RUNNING
GANG**

12:30

**TRAINING
RUN**

17:30

**TRAINING
RUN**

18:30

**TRAINING
RUN**

18:00

**RUNNING
GANG**

19:30

**RUNNING
GANG**

RUNNING

CYCLE

VÉLO INDOOR • PILATES • RUNNING

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

12:30

CYCLE

17:30

CYCLE
TRAINING

17:30

CYCLE
santé

18:30

CYCLE

18:30

CYCLE
TRAINING

18:30

CYCLE
santé

18:30

CYCLE

19:30

CYCLE

VÉLO INDOOR